

**FFSD****Foreningen For Studiet af Drømme**  
*Danish Association for the Studies of Dreams*[Bliv medlem](#)

Latest update, January 12th, 2006

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[Kontakt](#)**NORDISK DRØMMEKONFERENCE**  
**24 - 26 MARTS, 2006**[Tilmeld her](#)  
[Registration](#)**NORDIC DREAM CONFERENCE**  
**24 -26 MARCH, 2006**Kontakt FFSD:  
c/o Jette Cabo  
Lundbyesgade 19  
1771 Kbh.V.  
Tlf.: 33 22 73 72**Co-organised by the Danish Association for the Study of Dreams  
and the Swedish Dröm Grupps Forum as a regional meeting of the  
International Association for the Study of Dreams**[mail@ffsd.dk](mailto:mail@ffsd.dk)**Time:** March 24-26<sup>th</sup> , 2006**Venue:** Copenhagen at Childrens University, Valdemarsgade 14,  
Copenhagen V.**PROGRAM:****Friday, March 24th: Introductions and Performance**19.30 **Welcome and introduction** to:

- The Danish Association for the Study of Dreams by Jette Cabo, Chairperson
- The Swedish "Dröm Grupps Forum" by Gunnar Sundström, Chairperson
- Drömgruppsforum (Finland) by Markku Siivola.
- International Association for the Study of Dreams (IASD) by Olaf Gerlach Hansen, Vice-President Europe, Middle East and Africa.

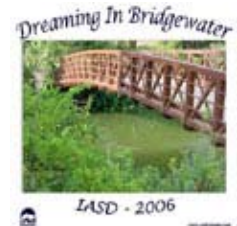
20.30 – 21.00

**Eero-Tapio Vuori: Theory of Experimance**

Eero-Tapio Vuori; artist, director and generator of performative events, creator of the practice and theory of experimance. He is a founding member of Reality Research Center, Helsinki, a "performing arts garage" focused into "reality": What is reality? How we can observe, describe, define, reflect, discuss, present or represent it? In 2002 RRC received a National Arts Award from the Art Council of Finland. Vuori has also done "normal" theatre work, like plays, ritual and physical theatre, and video- and media art.

The essential idea of experimance is to incorporate experience and performance, in such a way that the performance takes place almost completely in the experience of the spectator; his/her mind becomes a stage. And this state of mind is comparable to that of dreaming.

One of Vuoris points is, that the dream state is not a separate state of consciousness. It is more of a screen saver of the consciousness, which we may access with certain techniques, like hypnosis, meditation, experimance or while asleep. During the presentation Vuori will make use of five case studies: Gateless Gate (2000), Hotel

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Reflection (2001), Reality (under construction) (2003), Ecce Homo (2004), Journey to Jodmurtan (2005) which are all his own work.

### **Saturday, March 25th: Theme: Dreams and Creativity**

9.00 – 10.45

#### **Panel 1: Academic Studies on Dreams and Creativity**

Michael Schredl: *An Overview of Academic Studies of Dreams and Creativity*:

Michael Schredl, Ph.d. works in the Sleep Laboratory, Central Institute of Mental Health, Mannheim, Germany. He has worked in the field of dream research since 1990, has published many articles and has served on the IASD Board of Directors.

Antti Revonsuo/Katja Valli: *The Threat Simulation Theory of Dreams and Creativity*

Antti Revonsuo, Ph.d., is a Fellow of the Academy of Finland at the Department of Philosophy, Center for Cognitive Neuroscience, University of Turku. Revonsuo is European Editor of the journal *Consciousness and Cognition*. He has published widely in cognitive neuroscience, neuropsychology, and consciousness studies. His next book is *Inner Presence* (MIT Press, January 2006) on the unified science of consciousness and dreaming.

Katja Valli is a Ph.d. student in psychology at the University of Turku. She is currently preparing her dissertation on the biological function of dreaming, testing the threat simulation theory of dreaming proposed by Prof. Antti Revonsuo.

Pia Skogemann: *The Dream as a Creative Expression*

Pia Skogemann, MA in history of religion and archaeology, is a Jungian analyst and a supervisor for the Danish Psychologist Association. She is the author of more than 10 books on dreams, psychology, religion and literary analysis. She is a member of the board of the International Association for Analytical Psychology, IAAP.

#### **Coffee-break**

11.30 – 12.45

#### **Panel 2: Dreams, Creativity and Education:**

Gitte Svenning and Jette Cabo: *Dreams, Creativity and Community*

Gitte Svenning is trained at "The Chaos Pilots", Århus, Denmark. She is headmaster, Children's University, Copenhagen, and has worked with a group of teachers and students at the Children's University on a project using dreams and creativity in the classroom.

Jette Cabo is a freelance anthropologist and former schoolteacher working with dreams from an anthropological-pedagogical perspective. She conducts dream workshops for children and for adults working with children. She is writing a book on her fieldwork in a Catalan primary school during three months of 2001.

Brittmari Felke, Helena Egerlid og Jens Felke: *Dreams, Creativity and Identity*.

Brittmari Felke is a Swedish dream educationist, a retired Montessori teacher and an experienced Ullman-dreamgroup leader. For many years she incorporated dreamwork into the primary school curriculum.

Helena Egerlid and Jens Fellke, also from Sweden, are journalists and authors. Their book "Rebellen från Vimmerby - Astrid Lindgren och hemstaden." deals with the childhood of the worldfamous Swedish writer. They are currently working on a book on children and dreams.

## Lunch

14.15 – 16.15

### **Experiential Workshops: *Dreams, Creativity and Art therapy***

Two parallel workshops:

#### 1. Vibeke Skov: *Dreams, Painting and Self Development*

The workshop will focus on creative work with dreams. Participants in the workshop will paint their dreams with the aim of using the dream-images for the purpose of self-development. The workshop applies C.G. Jungs analytical psychology on working with dreams creatively.

Vibeke Skov is a licensed clinical psychologist and the Director of the Institute for Art Therapy in Denmark. She has published several books on creativity, art therapy and personal development in Danish and English, lately *BE-COMING CREATIVE - Development Through The Use of Myth and Art Therapy*. She is also a practising Glas Artist.

#### 2. Lau Laursen: *Dreams, Fairytales and Creativity*

The workshop will through music, active imagination and expressive work uncover some of the underlying archetypical structures, which seem activated in dream narratives and creative processes generally. The workshop will include lectures, exercises and discussion.

Lau Laursen is a composer and musician, who has published 7 albums with instrumental music for creative work. He has worked with music, dreams and self development for more than 20 years and been trained by Dr. Jes Bertelsen. He has since 1992 been teaching dreams at the Institute for Art Therapy in Denmark and Norway and has been giving workshops in Denmark, Holland, Spain and Brasil.

## Coffee-break

17.00 – 18.30

### **Introduction to a Group Approach to Appreciating Dreams**

Montague Ullmann, M.D.

The presentation will be through web-video-transmission/video direct from New York, where Montague Ullmann resides.

Dr. Ullman is known all over the world for introducing a methodology for appreciating dreams in groups, suitable for the general public and as a way of teaching about dreams to those involved in the practice of psychotherapy. Montague Ullmann received his medical degree in 1938 and is former head of department of psychiatry at the Maimonides Medical Center in Brooklyn. He has published extensively and is Clinical Professor Emeritus, Dept. of Psychiatry, Albert Einstein College of Medicine, and a Charter Fellow of the American Academy of Psychoanalysis.

Introduction to Montague Ullmann will be done by Gunnar Sundström, chairman of the Association Dröm Grupper Forum, Sweden, basing its work on Dr. Ullmann's methods. The method will be applied in practice

in the morning dream groups Sunday morning.

**19.00**

**Dinner**

**Social and artistic program**

**Sunday, March 26th: Morning Dream Group and Network  
Breakfast Meeting**

9.00- 10.30

**Morning Dream Group organised by "Dröm Grupps Forum".**

10.30 –12.00

**Nordic/European Network BREAKFAST MEETING**

- Nordic and European experiences and opportunities in the study of dreams
- Formation of Nordic network. Appointment of contact group covering all countries.
- Next Nordic and European meetings.

### **Registration**

The conference will be open for anyone interested in the study of dreams. Registration is valid when the full registration fee has been paid and the registration form been filled and submitted.

### ***Fees:***

Participation in the conference costs D.Kr. 750. This covers conference program, basic lunch and dinner Saturday 25<sup>th</sup>, basic breakfast the 26th as well as coffee and tea. Drinks are not included in the fee, but will be for sale.

Discounted fees: Members of FFSD (Denmark), Dröm Grupps Forum (Sweden) and IASD (International) receives a discount of D.Kr. 250 and only pays D.Kr. 500.

### ***How to register and pay:***

Payment is done by transferring the full amount PLUS any fees, which will be deducted by the bank to cover the cost of the transaction. The payment must be done by bank to bank transfer to the following bank account:

### ***Bank Account of FFSD***

Den Danske Bank

Algade 33

4000 Roskilde

In Denmark: Reg.nr. 3429. Konto nr.: 3429686415

From outside Denmark: IBAN # :DK163000-3429686415 . Swift code is DABADKKKROS.

Alternatively you can send a cheque + D.Kr. 30 by mail to the following

address:

FFSD, c/o Jette Cabo, Lundbyesgade 19, DK-1771 København V,  
Denmark.

Registration is done by registering at [www.ffsd.dk/](http://www.ffsd.dk/) or by sending or telephoning the registration information to FFSD, c/o Jette Cabo, Lundbyesgade 19, DK-1771 København V, Denmark at (+45) 33 22 73 72, who can also provide further information.

FINAL DEADLINE FOR REGISTRATION: MARCH 1<sup>st</sup>, 2006.

**Accommodation:**

Participants are responsible for their own accommodation

The Danish Association for the Study of Dreams offer private accommodation in Copenhagen with members and friends of the Association. If you are interested in this please contact Jette Cabo at [jette.fabiola@c.dk](mailto:jette.fabiola@c.dk) or telephone (+45) 33 22 73 72.

**Language:**

The conference language will be English.

In sessions (e.g. some morning dream groups Sunday) with only Norwegian/Swedish/Danish speakers present, the language will be Scandinavian.

*The following form is only to be used if you cannot register by formular mail!*

**REGISTRATION FORM:**

Full name:

Street and number:

City:

ZIP-code:

Country:

Contact telephone:

E-mail:

E-mail (write again):

Are you a registered and paying member of one of the following organisations:

- FFSD/DASD (Denmark):
- Dröm Grupper Forum (Sweden):
- International Association for the Study of Dreams (IASD):

Do you seek private accommodation 24th and 25th of March, 2006:

Do you offer private accommodation 24th and 25th of March, 2006:

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