

Education and competence development within the Dream Group Forum

Dream Group Forum's Board of Directors is responsible for education and further education in Montague Ullman's dream group method.

To help the Board appoint an education committee (ideally three members) with a special mission to work to ensure that knowledge and competence regarding Ullman's method is managed and developed.

For this purpose, there are dream group leaders, supervisors and teachers, within The Dream Group Forum, each having the specific competence and experience described here.

Dream group leader

Role and responsibility

The dream group leader should be well acquainted with the method in dream group work and practically be able to apply it in a dream group. The leader is active participant in the group, but is also the one who leads the group through the different stages of the process, introduces the different phases, is responsible for scheduling and for the process to end well. The leader is primarily responsible for protecting the dreamer and the dream, and actively supporting the dreamer in his work.

Experience and education

Anyone who has long experience of participating in dream group work can, in consultation with a dream group leader, apply for the training to become a dream group leader himself.

The training starts with participation in several leadership training groups where participants receive feedback on their leadership under the supervision of a teacher. Leadership training groups are offered in connection with Dream Group Forum's dream weekends and at specially arranged course sessions.

The leadership training with participation in group training then continues alongside training/internship as a dream group leader. After consulting the teacher, the prospective dream group leader himself, under supervision, starts a dream group, being responsible for managing the leadership on his/her own. For maximum training, the majority of participants should be novices to dream group work. The leader alone is responsible for the leadership. It is possible for two people to share this and lead alternately. This leadership training under supervision should amount to at least one semester and at least six sessions.

The prospective dream group leader is tasked with writing detailed and de-identified protocol from at least two dream sessions prior to the supervision. This protocol refers to the dream and the dream work, describes what the leader says, how the different phases are introduced, questions to the dreamer, how the dream work is carried forward and how it ends. The protocol and other questions from the prospective leader form the basis for discussions at the supervision sessions. All materials and information are confidential. Supervision can be done individually or in groups. The number of tutorial occasions is determined by the need, but it should be at least three. The supervision ends when the supervisor and the supervisee agree that the supervisee is familiar with the application of the method.

Approval for diploma

Application for approval with recommendation from the supervisor and the latest teacher is sent, together with information about the supervisee's time spent in dream group/dream weekends and leadership training, to the Board of Dream Group Forum. The Board approves and issues diplomas after consultation with the Education Committee.

Supervisor

Role and responsibility

The supervisor's task is to support the prospective dream group leader's development, inform themselves about how the method is introduced in the group and continuously follow the development. Based on protocols and other updated issues, the supervisor can show the prospective dream group leader what he can do differently and improve. The supervision is given in the form of conversation/dialogue and aims at a deeper understanding of the dream process.

Experience, training and appointment

Anyone who is well acquainted with the method, practice and intention of dream group work, has extensive experience as a dream group leader and is still active in Dream Group Forum, can be appointed by the Board, in consultation with the Education Committee, as supervisor. A new supervisor should be supported by an experienced supervisor, who during the new supervisor's first time can act as a mentor. The Board can be helpful in communicating contact with the appropriate mentor.

Remuneration

Since DGF's activities are largely done with non-profit efforts, it is desirable that compensation to the supervisor in connection with training to dream group leaders should also be kept at a reasonable level. DGF's recommendation is SEK 300 per occasion and with a supplement for moms (mervärdeskatt, Value Added Tax; VAT), if the supervisor is registered for it. The supervisee pays directly to the supervisor. Any eventual remuneration to mentor is agreed between those concerned.

Teacher

Role and responsibility

Teachers are Dream Group Forum's highest competence in dream group work and contribute in various contexts to further education within DGF's activities, including in leadership training groups where participants are trained to lead a dream group, and feedback on their leadership by the teacher and participants.

Experience, training and appointment

Supervisors who wish to develop their assignment to also act as teachers can prepare for such assignments by leading leadership training groups together with appointed teachers. Supervisors who are still active within Dream Group Forum, have good pedagogical skills and have experience in leading leadership training can be appointed as teachers by the Board in consultation with the Education Committee.

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For the Board of Directors
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For the Education Committee
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